

# Ongoing Treatment After Your Surgery

## It is useful to know

- It is standard care for Lobular patients to have a yearly mammogram.
- An MRI is highly recommended if your initial tumours did not show up fully on mammograms or ultrasounds, and/or for those with dense breasts.
- If your Lobular Breast Cancer is hormonally driven, it is likely you will be offered hormone therapy for 5 or 10 years.
- In some patients, their Lobular Breast Cancer recurs or spreads. Lobular can spread to different places in the body compared with other cancers.

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## It is OK to ask

- How will I be looked after over the next 5–10 years and who coordinates this?
- When will my scans be? Will I be receiving an MRI, and if not, why not?
- What are my hormone therapy options and what are the pros and cons of Tamoxifen or aromatase inhibitors for Lobular Breast Cancer?
- How can I look after myself and my breasts after treatment, and what can I look out for in terms of possible recurrence?
- If I am struggling with psychological and/or physical side effects, where can I get help?